

2023 Greater Chicagoland Skate USA Championships

Aspire Synchronized Skating Packet

Individual skater's packet is separate



March 19, 2023
Robert Crown Community Center
1801 Main Street
Evanston, Il. 60202

**Registration is being taken on Entryeeze under the
2023 Chicagoland Skate USA Championships
(WB/Excel/Adults) packet**

Team Registration Begins January 1, 2023

Entry deadline February 17

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The 2023 Chicagoland Skate USA Championship will be conducted in accordance with the rules and regulations of the U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted on the U.S. Figure Skating web site.

This competition is open to all synchronized teams comprised of members who are eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book for non-U.S. Citizens.

The entry fee per team is \$60 per team and \$10 per skater, including alternates.

MUSIC: Skaters will need to download their music on their own.

LIABILITY: U.S. Figure Skating, the Chicago Figure Skating Club and Robert Crown Ice Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The 6.0 Judging System will be used for ALL Events:

OFFICIAL NOTICES: Skaters are requested to arrive one hour prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

CONTACT INFORMATION: For questions, please contact Inga Fedorova at agni.skate@gmail.com or 847-579-4104

Aspire Synchro Team Entry Fee

\$60 per team

\$10 per skater

Exhibition Synchro Teams Only All Levels Fee \$100

Aspire Synchro

The Compete USA competition program is for Learn to Skate USA-level skaters who are interested in a first competition experience while taking the Synchro 1-4 badges to the next level.

In order to safely practice and compete, it is strongly recommended that skaters have mastered the elements of the Learn to Skate USA level in which they are skating.

SNOWPLOW SAM SYNCHRO — 2:10 MAX

<p>5 Elements</p> <p>Number of Required Holds: None</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>13 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain a forward glide on an inside or outside edge on one or two feet</p> <p>Travel, change of configuration, and change of direction not permitted</p>	<p>One Line Element</p> <p>Must cover at least ½ ice</p> <p>Forward skating only</p> <p>Pivoting and change of configuration not permitted</p>	<p>One Block Element</p> <p>Must cover at least ½ ice</p> <p>Forward skating only</p> <p>Pivoting and change of configuration not permitted</p>	<p>One Wheel Element</p> <p>Forward skating only</p> <p>Travel, change of configuration, and change of direction not permitted</p>	<p>One Intersection Element</p> <p>Must be two lines facing each other</p> <p><u>One</u> or two foot glide(s) only through the point of intersection</p>	<p>Additional Items for Snowplow Sam Synchro</p> <p><u>Additional well-balanced SYS elements permitted. Judges will evaluate first element type presented.</u></p> <p>Elements higher than Basic 6 not permitted</p> <p>Some common elements above Basic 6 are: mohawk, mazurka, half flip, waltz jump</p>
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ASPIRE BEGINNER — 2:10 MAX

<p>5 Elements</p> <p>Number of Required Holds: None</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>16 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain a forward glide on an inside or outside edge on one foot</p> <p>Travel, change of configuration, and change of direction not permitted</p>	<p>One Line Element</p> <p>Must cover at least ½ ice</p> <p>Forward and backward skating permitted</p> <p>Pivoting and change of configuration not permitted</p>	<p>One Block Element</p> <p>Must cover at least ½ ice</p> <p>Forward and backward skating permitted</p> <p>Pivoting and change of configuration not permitted</p>	<p>One Wheel Element</p> <p><u>Forward and backward skating permitted</u></p> <p>Travel, change of configuration, and change of direction not permitted</p>	<p>One Intersection Element</p> <p>Must be two lines facing each other</p> <p>One or two foot glide(s) only through the point of intersection</p>	<p>Additional Items for Aspire Beginner</p> <p><u>Additional well-balanced SYS elements permitted. Judges will evaluate first element type presented.</u></p> <p>Elements higher than Basic 6 not permitted</p> <p>Some common elements above Basic 6 are: mohawk, mazurka, half flip, waltz jump</p>
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ASPIRE PRE-PRELIMINARY — 2:10 MAX

<p>5 Elements</p> <p>Number of Required Holds: 2 different holds shown by the whole team for any length of time</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>17 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p>Must contain a backward glide on an inside or outside edge on one foot</p> <p><u>May contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of direction Change of configuration <ul style="list-style-type: none"> Travel 	<p>One Line Element</p> <p>Forward and backward skating permitted</p> <p>Must cover full ice</p> <p><u>May contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of direction Change of configuration <p>Pivoting not permitted</p>	<p>One Block Element</p> <p>Forward and backward skating permitted</p> <p>Must cover full ice</p> <p><u>May contain two features</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Pivoting Change of configuration 	<p>One Wheel Element</p> <p>Forward and backward skating permitted</p> <p><u>May contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of direction Change of configuration <ul style="list-style-type: none"> Travel 	<p>One Intersection Element</p> <p>Must be two lines facing each other</p> <p>Forward skating through the point of intersection.</p> <p>Choice of:</p> <ul style="list-style-type: none"> Upright two foot glide Upright one foot glide Forward lunge 	<p>Additional Items for Aspire Pre-Preliminary</p> <p><u>Additional well-balanced SYS elements permitted. Judges will evaluate first element type presented.</u></p> <p>Elements higher than Free Skate 2 not permitted</p> <p>Common elements above Free Skate 2 are:</p> <ul style="list-style-type: none"> Alternating backward cross-overs to back outside edges <ul style="list-style-type: none"> Waltz three-turns Alternating mohawk/cross-over sequence <ul style="list-style-type: none"> Forward power three-turns <p>Split, stag, falling leaf permitted.</p>
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ASPIRE PRELIMINARY — 2:10 MAX

<p>5 Elements</p> <p>Number of Required Holds: 2 different holds shown by the whole team for any length of time</p> <p>Any type of holds permitted</p> <p>5-20 skaters</p> <p>17 years of age and younger</p>	<p>One Circle Element</p> <p>Forward and backward skating permitted</p> <p><u>Must contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of direction Change of configuration <ul style="list-style-type: none"> Travel 	<p>One Line Element</p> <p>Must include forward and backward skating</p> <p>Must cover full ice</p> <p><u>Must contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of direction Change of configuration <ul style="list-style-type: none"> Pivoting 	<p>One Block Element</p> <p>Forward and backward skating permitted</p> <p>Must cover full ice</p> <p><u>Must contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of configuration <ul style="list-style-type: none"> Pivoting 	<p>One Wheel Element</p> <p>Backward skating only</p> <p><u>Must contain one feature</u></p> <p>Choice of:</p> <ul style="list-style-type: none"> Change of direction Change of configuration <ul style="list-style-type: none"> Travel 	<p>One Intersection Element</p>	<p>Additional Items for Aspire Preliminary</p> <p><u>Additional well-balanced SYS elements permitted. Judges will evaluate first element type presented.</u></p>
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